

TRAC OPTICS™

INTRODUCING: **TRAC OPTICS™**



*The Pinnacle of how **Human Kinetics** in
Training and Performance is Optimized*

TRAC OPTICS ACTIVATES EFFECTIVE HEAD TRACKING,
ENABLING FASTER MOVEMENTS, QUICKER REACTIONS,
AND OPTIMAL PERFORMANCE

TRAC OPTICS is a tool that will optimize your access to:

- VISION** - Enhance your visual perception and clarity.
- BALANCE** - Stabilize your body and maintain optimal posture.
- MOVEMENT** - Improve your movement patterns and coordination.
- SPEED** - Increase your agility and responsiveness.
- PRECISION** - Achieve greater accuracy and control in your actions.
- YOUR POTENTIAL** - Unlock your capabilities.

The head's positioning, movement, or alignment, known as **HEAD TRAJECTORY (HT)**, continuously influences how the body organizes itself to react and respond to various situations and environments. Managing HT is essential for consistent access to positive outcomes in daily activities and athletic performance.

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